



"I am eternally grateful for the endless opportunities TAPS has given me to further my personal and professional growth... TAPS is the best family I never wanted to be a part of, but I am so glad I have them behind me in every step of the way in my journey of self appreciation and development."

- Mackenzie Runyan, Surviving Daughter of United States Army Captain Patrick W. Runyan



TAPS NFL Young Adults Summit

In July, the TAPS Young Adults Program, with the support of the NFL, AMB Sports + Entertainment, and the Atlanta Falcons, brought forty surviving children and siblings (ages 18 - 30) together in Atlanta, Georgia. This event provided opportunities for them to network with their peers and sports professionals, empowering them to make more informed personal and professional decisions in their lives.

[Read About This Incredible Experience](#)



New RESOURCE



Supporting Bereaved Children As They Return To School

Each August, parents of school-aged children shift their focus from trips to the pool and vacations to preparing to send their children back to school. While this may seem routine, TAPS understands that grief is anything but, acknowledging that it is a process, unique to each one of us, including our children. And, we recognize that their needs may change each year as they progress through school.

In a **new blog, written by Andy McNeil**, Senior Advisor to TAPS Youth Programs, we share information and resources to help families navigate the back to school process and how to create support systems for your child (children) at their school.



DID YOU KNOW...?



Become A TAPS Peer Mentor

"I would like to be a peer mentor because I would like to pay it forward and support a fellow sibling survivor. TAPS has been a great blessing during my grief journey. I have found it to be comforting to have a peer mentor that has a similar story and just understands when I'm unable to articulate my thoughts and feelings."

~ TAPS Surviving Sibling

If you are 18 months past your loss, and would like to be a source of support for another survivor, then the TAPS Peer Mentor Program is here for you!

Michelle Knuppe, Director of the TAPS Peer Mentor Program, has written a **blog sharing how survivors can become TAPS Peer Mentors** and, reflects back on her time as a Peer Mentor, and the profound effect that role had on her life.



UPCOMING *in-person* CONNECTIONS

We hope to see you at one of our many upcoming TAPS events soon!

Surviving Siblings Pacific Northwest Fishing Retreat

Forks, Washington

October 19 - 23, 2022

Applications Close on August 9



Southern Regional Military Survivor Seminar and Good Grief Camp

(In-Person and Virtual Options Available)

San Antonio, Texas

August 26 - 28, 2022

Ohio Family Adventure Camp

Featuring Family Adventure Racing

Newbury, Ohio

September 23 - 26, 2022

Applications Close On August 26

14th Annual National Military Suicide Survivor Seminar and Good Grief Camp

In-Person and Virtual Options Available

Dallas, Texas

October 7 - 9, 2022

California Family Camp

Julian, California

November 3 - 7, 2022

Applications Close on October 3

Refer to the [TAPS Event Calendar](#) for information about additional upcoming events.

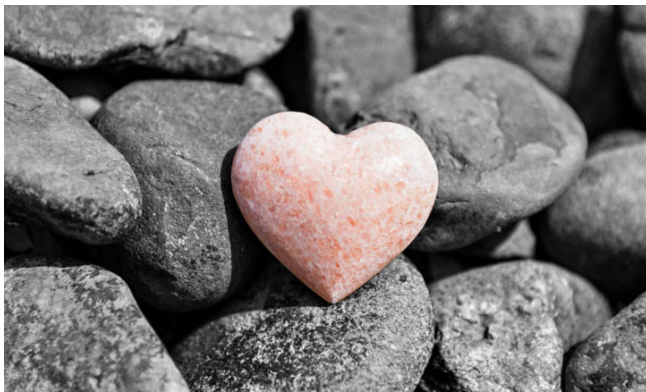


UPCOMING *Online* CONNECTIONS

Online Groups

By Relationship, Cause of Death & Peer Group

Upcoming Online Workshops



We See You

4 - Part Online Workshop Series

For Surviving Unmarried Partners, Significant Others, Fiancés and Fiancées

Meets at 8 p.m. Eastern
on the following Tuesdays:
August 2 | August 9 | August 16 | August 23

[Learn More and Register](#)

Theatre Lab for Families

Thursday, August 4
6:30 p.m. Eastern

Young Adults: Let's Talk Grief

Tuesday, August 16
8 p.m. Eastern

Theatre Lab For Adults

Tuesday, August 9
7 p.m. Eastern

Peer Mentor Training

Tuesday, August 16
and Wednesday, August 17
7 p.m. Eastern

Women's Empowerment Programming

We are excited to once again offer surviving women many ways to come together and connect online in a safe, supportive, understanding, enriching and healing environment.



INSTITUTE FOR HOPE AND HEALING

At the Institute, practical information on coping with loss is accessible to all who seek current strategies, the most effective tools, and best practices for supporting those who are grieving and those who serve the grieving.

Upcoming Webinars

Renovating and Remodeling: Moving Beyond Just Coping and Surviving

Tuesday, August 9
12 p.m. Eastern

Helping Grieving Children and Teens Cope With Difficult Emotions

Tuesday, August 23
12:00 p.m. Eastern

TAPS Policy and Legislative Advocacy Update

Tuesday, August 30
12:00 p.m. Eastern

Webinar Archives

Missed a webinar?

Visit our [free on-demand library](#) 24/7 to access recorded TAPS Institute webinars on a variety of topics, including:

Tapping and HeartMath: Techniques to lessen Anxiety and Build Resilience

Men, Grief, and Posttraumatic Growth

Coping With Guilt When You're Grieving

Grieving Styles and Family Dynamic - Communicating with Children and Teens



is here for you



TAPS will always be here for you 24/7. There are so many ways to connect with your peers and professional support - to connect with someone who cares.

TAPS National Military Survivor Helpline:
800.959.TAPS (8277)

[Get Help with Benefits](#) | [Connect to Peer Support](#)
[Find a Grief Counselor](#) | [Join our Online Community](#)

Subscribe to receive the TAPS Daily Reflection with Dr. Alan Wolfelt.

This daily email is subscription-based and will deliver the power of hope and comfort to you.

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